



C L I N I C

Bel Etage

The upper level of medical care.





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A CLINIC LIKE NO OTHER



Andreas and Anja Schmitz (clinic owners)

So many times, when we wish our family, friends and colleagues the best, we add "and especially good health!" In truth, however, we often appreciate good health only when it's gone. All the more reason to find a clinic that can help quickly, competently and effectively.

But does it have to be a private clinic? Private clinics are not an alternative to our public health system. Their role, rather, is to complement primary health-care in useful and necessary ways. They are the mid-tier of the health system. They give innovative solutions a chance and provide specialists with a platform on which to upgrade healthcare from basic to optimal treatment. They choose to operate without state funding in order to retain total freedom for their physicians to apply whichever therapy they deem appropriate based on their medical expertise (therapy freedom). They are the safest place to get well.

At the Clinic Bel Etage, our surgeons use only the highest quality implants. We make time for our patients and invest in personnel and equipment to provide the best medical and nursing care. The Clinic Bel Etage is managed by physicians and therapists who see their job as less a career than a calling. The love of detail and the desire to make good things better makes the Clinic Bel Etage a clinic like no other.

 



LOCATION

“Welcome to the state capital Düsseldorf!” Whether you arrive via the international airport (DUS), by rail or car, the Clinic Bel Etage is quick and easy to reach from any direction. The Pradus Medical Center offers parking in its own underground garage.

On request, our personal chauffeur service can meet you at the airport or central railway station to make sure you arrive safely at the clinic. This service appeals especially to our international guests, as our multilingual personnel will be ready to assist you from your arrival to your departure and beyond!



SUR-ROUND-INGS

The Clinic Bel Etage is located in the heart of Düsseldorf, right in the centre of the government and museum district and not far from the Königsallee with its exquisite shops and the surreal Media Harbour on the river Rhine. All patient rooms conveniently face onto the grassed courtyard, allowing for peaceful sleep with open windows.

During the hot summer months, our air-conditioning system keeps the rooms pleasantly cool. The beautiful park surrounding the historic „Ständehaus“ (parliament building) across from the clinic invites you to take relaxing walks close to nature.

AMBIENCE

Love and care are the best medicine. In an intimate ambience of wellbeing designed to radiate warmth and confidence, our friendly and caring team at the Clinic Bel Etage provides our guests with a home that promotes a quick recovery.

If you would rather have your loved ones close-by, you are welcome to bring along a companion (rooming-in). Our spacious and comfortable rooms offer you the space needed to recover. For small families or exclusive privacy, you can also book our VIP suite overlooking the rooftops of Düsseldorf.

WARD



SUITE



EXPERTISE

We turn rare into routine! Our experts have a wealth of experience in their fields. Working closely as a multidisciplinary team, our specialists apply themselves to ensuring that every patient reaps the benefits of their expertise. We are keen to share our knowledge and skills.

The Clinic Bel Etage regularly attracts colleagues visiting from around the world to learn from our expertise. Our physicians are renowned representatives of their fields at international conferences and sought-after instructors for workshops. Through telemedicine, we offer colleagues worldwide consultative services and support in dealing with difficult cases.



Prof. Dr. med. Wilhelm Sandmann – Senior Consultant for Vascular

TEAMWORK

At joint, multidisciplinary team meetings, all cases are reviewed daily and examined from different perspectives to develop a complex therapy concept for each patient.

At the Clinic Bel Etage, physicians from different fields work closely with alternative practitioners, physiotherapists and nursing staff.

"I have never had so many people look after me in one day. They all took time to explain every aspect to me. The Clinic Bel Etage truly believes in teamwork!"



THE FIRST ADDRESS FOR A SECOND OPINION

There is always an alternative; you just have to know what it is. Our experts offer patients a choice of treatments to best suit their specific needs.

We carefully explain the advantages and disadvantages of each option, taking into consideration the professional and personal context of each patient, to ensure an informed decision.

Thanks to maintaining a close network of cooperation with other national and international specialists, we can offer help even in the most complex cases. The Clinic Bel Etage is the first address for a sound second opinion.



Andreas Schmitz – Specialist in Neurosurgery & Artificial Disk Replacement

MORE THEN STANDARD

We do everything – except standard! Standards are important, especially in medicine. They prescribe a minimum quality target and stipulate the basic level of care. But for us, that's not good enough. We want to refine the "gold standard".

The "gold standard" in spinal surgery is considered to be spinal fusion. We, however, want more than stability; we want to restore your spine's range of motion. The Clinic Bel Etage is a world-leading reference centre in artificial disc replacement.



MOBILE IS MODERN

Motion-preserving surgery is the wave of the future. Where others see problems, we offer solutions. Reverse shoulder arthroplasty provides the patient with greater range of motion.

Short-stem hip replacement using the safer and gentle AMIS approach reduces the recovery time after surgery. Knee implants are custom-made for a perfect fit. Cartilage cell transplants can in some cases help avoid total joint replacement. In other words, the Clinic Bel Etage sets new standards in more than spinal surgery. That's what we mean by: "The upper level of medical care!"



Dr. med. Hüseyin Senyurt – Senior Consultant for Orthopaedic & Trauma Surgery

PAIN, BEGONE!

Pain is the most common symptom experienced by patients. By the time most patients come to our clinic, they have already tried all non-surgical interventions without success. Our strength is analysing the pain at all levels.

In doing so, we look at both the metabolism and the physical changes. Our pain management therapists create a pain pattern designed to help eliminate the pain generator in a microtherapeutic procedure using minimally invasive techniques with pinpoint accuracy.

Chronic pain is treated with electrodes that reduce the pain signals going to the brain to a bearable level. The advantage: The patient is in control of the stimulation. This means that the patient does not become dependent on a treatment, but can return to a better, more productive quality of life.



Dr. med. Turan Ocak, Orthopaedic Surgeon & Specialist in Microtherapy

PRECISION SURGERY

Many people fear an operation. But at some point nature loses the ability to heal itself, and conservative methods merely mask the symptoms. Here, surgery presents itself as the appropriate course of action to intervene in the progression of the disease.

High-tech instruments, such as the bone scalpel, enable us to cut through bone with an accuracy of one hundredth of a millimetre, while leaving the soft tissue structures, including vessels and nerves, intact. Minimally invasive procedures reduce the risk of post-operative complications and result in a shorter recovery time.



GOOD TO LOOK AND FEEL YOUR BEST

As a fashion capital, Düsseldorf is all about beauty and reputed for its plastic and cosmetic medicine.

The Clinic Bel Etage is recognised by plastic surgeons from all over North Rhine-Westphalia as a platform for challenging procedures. As well as cosmetic surgery, we offer patients medically indicated procedures that enable them to return to living a normal life. Using innovative techniques, such as ultrasound-assisted liposuction (VASER), the clinic provides surgeons with state-of-the-art solutions and a safe environment for their patients.



Dr. Burak Fourquet – Plastic & Cosmetic Surgeon

**MITO
THERAPY**

**METABOLIC
BALANCE**

DETOX

**NUTRITIONAL
ADVICE**

**MICRONUTRIENT
THERAPY**

**INTESTINAL
MICROECOLOGY
THERAPY**

**MICRO
IMMUNOTHERAPY**

CENTER OF BALANCE

Every day, our equilibrium gets pushed out of balance. The body is usually good at adapting on its own, but stress, environmental factors and poor diet make it increasingly difficult.

The Center of Balance is committed to restoring the balance of body, mind and spirit. This holistic approach supports our outpatients in strengthening their immune system and is central to our inpatient care.

Regulation thermography goes hand-in-hand with comprehensive laboratory analyses to ensure early detection of diseases. Our physiotherapists specialise in helping people to help themselves and work closely with the patient's local therapists to ensure seamless aftercare.



Konstantin Helbling Daniel Maksymov





HEALTHY FOOD

Our restaurant "Chez la Belle" is equipped to accommodate individual requests and serves our patients with healthy regional cuisine. We prefer organic products and offer vegan, vegetarian, sugar- and gluten-free options. We bake our own bread and cakes and simply love healthy food. Advised by our natural health professional and dietitian Anja Schmitz, our cooks continuously create new ideas to prove that food can be both healthy and delicious. Our restaurant is open to internal and external guests. The seminar room opposite lends itself as the perfect venue for a variety of events.



Conference rooms

Anja Schmitz - Natural Health Professional & Dietitian



FORUM FOR MEDICINE

The Clinic Bel Etage considers itself a forum for registered medical practitioners. It updates them on the latest developments in medicine and provides a platform to share their long-term experiences directly with the clinic physicians. As a partner and sponsor of the regional network of physicians Niederrhein Netzwerk eG, the clinic actively engages in network events held in-house. As well as this, the partnership is lived on a day-to-day basis. As trusted physicians, registered medical practitioners can attend to their own patients in the clinic and rely on our support in areas that require our expertise.

MITGLIED
im Netzwerk
der Ärzte und
Apotheker

Niederrhein
Netzwerk
www.NRW.de



INTERNATIONAL

In view of our highly specialised treatment and care, the Clinic Bel Etage attends to patients from around the world. Health tourism is no picnic for the patients, but rather in many cases their last chance of getting better. A clear hygiene management system put in place with input from the national and international authorities enables us to provide the highest possible degree of safety. Our trained personnel and internal policies ensure straightforward and uncomplicated procedures. As a member of the Arab/German Chamber of Industry and Commerce, Ghorfa, and other international bodies, we advise embassies and our partners on appropriate practical measures and strategies.



Jessica Sachs – Overseas & Europe



Khadija Miri – Middle-East



Mara Charvadaryan – East



WHEN IT COMES DOWN TO IT...

Statutory health insurance providers increasingly understand that there are cases where a specialised private clinic has advantages and therefore, in individual cases, approve treatment at the Clinic Bel Etage. A special clinic is the better option especially where conservative treatments have brought no satisfactory results. When it comes down to it, experience and a low rate of infection and complications are critical. This trend is also reflected in the growing number of self-pay patients and at foreign insurance providers. The Clinic Bel Etage provides cutting-edge medical treatment at fair prices.



Angelika Wadulla - Receptionist

FROM OUR SELECTION

SPINAL SURGERY

Spinal Disc Replacement
Percutaneous Stabilisation
Dynamic Stabilisation
Sacroiliac Joint Fusion

ORTHOPAEDICS

Reverse Shoulder Joints
Short-stem Hip Replacement (AMIS)
Single Knee Replacement
Cartilage Cell Transplant

NEUROSURGERY

Hydrocephalus
Superficial Tumour Surgery
Compression Syndromes
Neuronavigation

PAIN THERAPY

Microtherapy
Spinal Cord Stimulation
Dorsal Root Ganglion Stimulation
Pain Pumps

VASCULAR SURGERY

Compression syndromes
Carotid Stenosis
Bypass Surgery
Modern Varicose Vein Surgery

PLASTIC SURGERY

Face & Neck
Breast Correction
Body Sculpturing (VASER)
Scar Correction

ENT

Septum Deviation
Snoring Therapy
Tinnitus
Ear Surgery

ALTERNATIVE THERAPY

MITO Therapy
Immune Programme
Nutritional Advice
Micronutrient Therapy



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With kind support from

